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# Chora Construction **Building Beautiful Voices** in the Choral Setting



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#### Choral Construction/ Under Construction

- Taking a look at the footings BEFORE you pour that foundation.
- What are the basic elements of communication?



#### Choral Construction/ Under Construction

Phonemes: one of the set of speech sounds in any given language that serve to distinguish one word from another. A phoneme may consist of several phonetically distinct articulations.



#### The Noises of Life

- Basically, the sounds of speech
- The sounds of communication
- The sounds of emotional expression
- The sounds of artistic interpretation
- The sounds that make up the human experience



#### The Noises of Life

- Are the formations of these sounds the same for all forms of emotional and artistic expression?
- Do we or should we really subscribe to the model of "Si parla, come si canta?"
- What if that concept only works for the phoneme structure of the original language that gave birth to that statement and concept, namely Italian?
- The phrase is NOT after all, "Sie singen, sie sprechen."
- To answer this we must start with the building blocks, the fundamentals of each specific language.



#### So, What Are Vowels?

#### • <u>VOWELS AND THEIR LABELS</u>

- ✤ Vowels: [a, e, i, o, u,] and sometimes y.....
- Okay, fine, these are what we are told in school. But what about: [æ, ε, ι, ͻ, α, ͽ, Λ, and σ]?
- ✤ AND I haven't even started on [y, y, ø, œ, ൟ & ℑ]?
- Should the anatomical formation of these phonemes be the same for singing as they are for speech?



#### So, What Are Vowels?

- VOWELS AND THEIR ANATOMY
- Made with various parts of the tongue against various parts of the mouth
- Made with the lips touching themselves and changing shape
- Made with varying degrees of escaping air, changing in both quantity and force
- Made by sending sound into other chambers/cavities of the head.



### Singing vs. Speaking

- In singing, our mouths and the surrounding anatomy must be free to move in a myriad ways
- Sometimes those ways may seem exaggerated and NOT related to speech
- These very specific movements are vital for vowel sound accuracy and intelligibility in singing
- Tonal product is so very different in singing than in speech, especially in classically trained singers

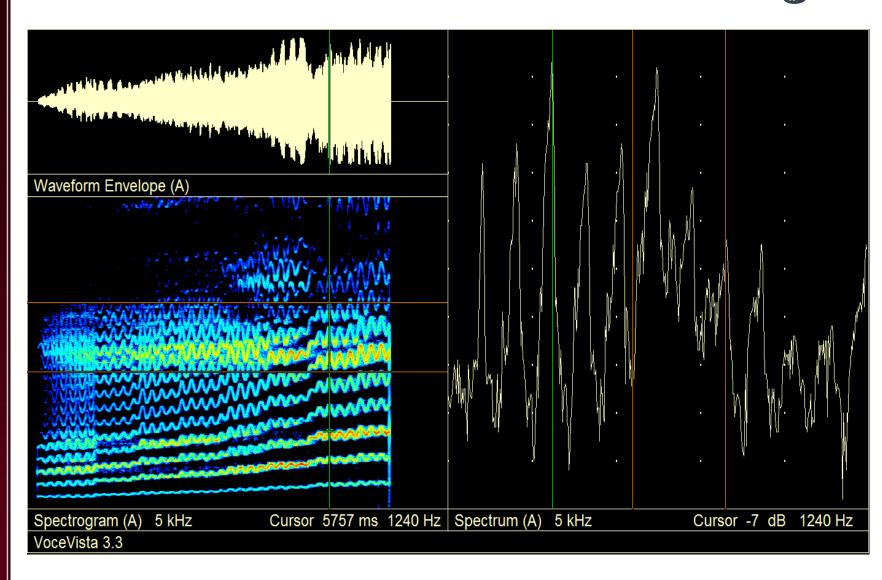




• A quick introduction to spectral analysis and what this type of software can show.



#### .....Call Before You Dig





### Human Voice: Why So Unique?

- No other instrument like it
- Resonance configurations change a trillion billion million times a day
- Changes called language
- Repurposed an organ to do amazing things
- Our voice is who we are
- We have learned to speak, but not everyone learns to sing



### Human Voice: Why So Unique?

- So, what is it about classical singing?
- Discovery and development of the Singer's Formant (SF)
- Its presence is vital for the voice to carry over an orchestra, over a chorus and fill a hall without amplification
- Function of SF is so much more important than just making a lot of noise

#### ONTO VOCE VISTA VIDEO PRO



#### Today we hope to answer . . .

- What is "voice building"?
- Why is it important?
- What is the role of a choral conductor in building voices?
- What *vocal myths* should I rethink?



## "Voice Building"





## "Voice Building"

- Increasing our students' vocal ability *(technique)* by every measure:
  - Tone quality
  - Range
  - Stamina
  - Dynamic contrast
- And, yes, increasing the [perceived/actualized] *size* of our students' instruments.
  - How often does a contractor get called to *remove* a room from someone's home? ③



## The Conductor-Constructor's Role





## The Conductor-Constructor's Role

- What are we?
  - Conductor-artist-teacher
  - Coach-counselor-confidante!

#### • And when it comes to voice building: **CONSTRUCTION WORKER** (and the architect who drew up the plans!)



# A Conductor-Teacher's Responsibilities





# A Conductor-Teacher's Responsibilities

- Primum non nocere
  - First, do no harm!
- Don't just describe the sound you want—*tell them how to achieve it*



## A Conductor-Teacher's Tools

- A listening ear
- A watching eye
- The "right" amount of positive pressure and motivation
- Knowing our singers' voices *individually* and our singers as *individuals*











- We may be the only voice teachers our choristers will ever have.
- We have an educational responsibility to develop the skills of our singers.
- Better singers = better choirs.



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## Myth #1: The Jaw Should Remain Stationary



### Jaw Position

- Videos: "Sing a Mighty Song" Daniel Gawthrop
  - 1. Overopen jaw
  - 2. Locked/closed jaw
  - 3. Jaw as hinge















#### Jaw Position

# -3 -2 -1 0 [i] [e] [1] all other vowels

• Continue to open (+1, +2, +3) at secondo passaggio



## Myth #2: All Vowels Should Be the Same/Neutral





#### • Videos: "Arise, My Soul, Arise" – Dan Forrest

- 1. Rounding lips on every vowel
- 2. Unaffected/vowel clarity & distinctiveness



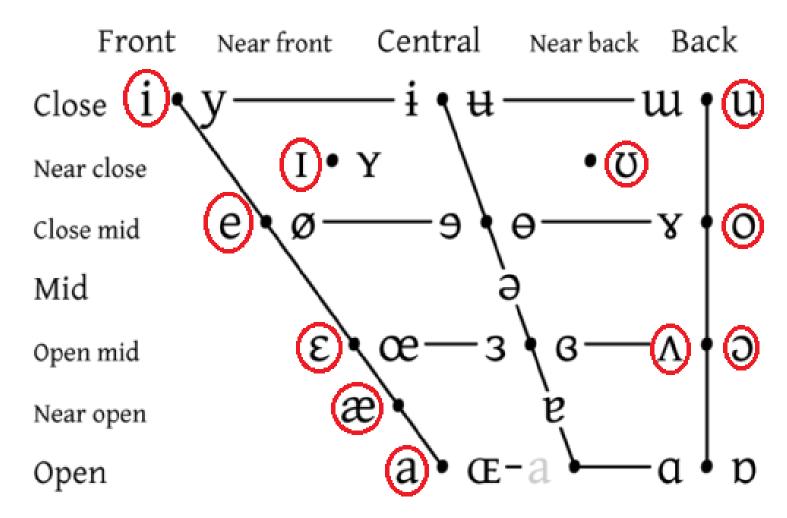










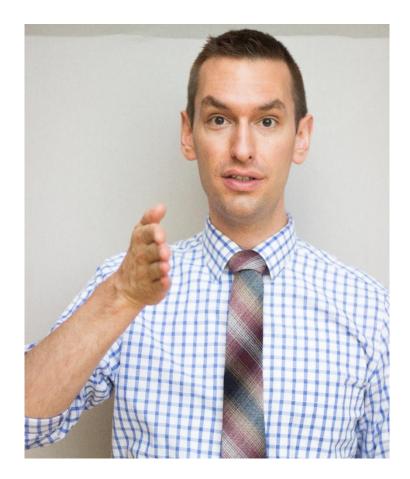


Vowels at right & left of bullets are rounded & unrounded.





#### [i] ("ee") as in *k<u>ee</u>p*







## [I] ("ih") as in *b<u>i</u>t*







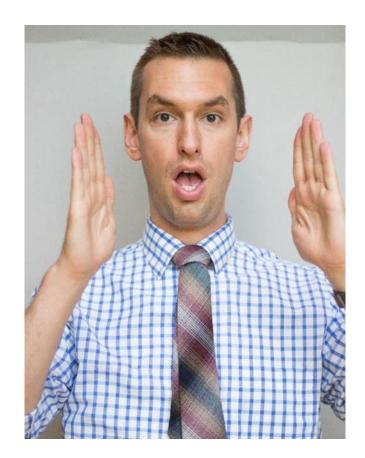
#### [e] ("ay") as in *c<u>a</u>ke*







## [ε] ("eh") as in *b<u>e</u>d*







#### [æ] as in *c<u>a</u>t*







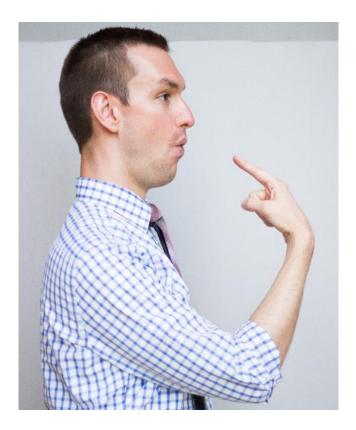
#### [a] or [a] ("ah") as in voil<u>à</u> or <u>fa</u>ther







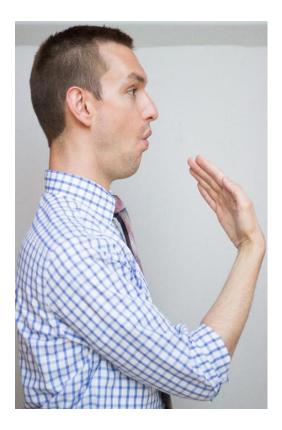
#### [u] ("oo") as in *sc<u>oo</u>p*







## [ʊ] as in *b<u>oo</u>k*







## [o] ("oh") as in *b<u>oa</u>t*







#### [∧] or [ə] ("uh") as in b<u>u</u>mp





## Myth #3: Good Choirs Reduce Singer's Formant



## Singer's Formant

- Videos:
  - "Depth of Mercy" David Rasbach
    - 1. Extreme "pyramid balance" (reduce singer's formant in women's voices especially)
    - 2. "Cylinder balance"
  - «Отче наш» Constantine Shvedov
    - 1. Reduce vocal freedom/vibrancy (reduce singer's formant in all voices)
    - 2. More soloistic approach



















# Additional Myths





• "Sing as you speak." (Si canta come si parla.)

- Sing as you <u>should</u> (could!) speak!
- Build your choir's sound from piano.
  - Cantare primo forte e doppo . . . (Sing first strong and then . . .)







- "Placement"—to use or not to use?
  - Forward/high/back/low
  - Ideas vs. behaviors—what are these instructions?
- It's a fine shorthand, *if* all the singers in your choir share a common understanding of it (but they probably won't).
- A humble idea: Perhaps we should use adjectives instead of verbs.
  - E.g., "Brighter, please!" instead of "You need to sing with a more forward placement."
  - Why?
    - What is *placement* anyway?
    - The dangers of teaching for product ("make your 'mask' buzz!") instead of process (*what* makes your "mask" buzz?)
    - If your students are studying voice privately, their studio definition may be different than your ensemble definition.
- An alternative definition of "good" placement or resonance: The *absence of counterproductive tension* from any part of the vocal tract will cause desired resonation.



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## QUESTIONS?

# THANK YOU!

#### Prof. David Okerlund Dr. Adam Potter '15



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